

GESTALT FOUNDATION GREECE

2024 - 2025

2YEAR
INTERNATIONAL
SUPERVISOR'S
TRAINING
PROGRAM



THESSALONIKI: 109, Mitropoleos str., 546 22 THESSALONIKI, GREECE TEL / FAX (0030) 2310 283 588
ATHENS: 37, Ipirou str., 17341 ATHENS, GREECE TEL (0030) 210 7254 010
LARISA: 6, Asklipiou str., 412 22, LARISA, GREECE TEL / FAX (0030) 2310 283 588

Supervision, in Gestalt therapy, is the cornerstone of any clinical practice. It is a learning process where trainees and/or mental health professionals reflect on their clinical work experience, indulge in clinical cases, integrate Gestalt theory and practice, work on the organization-therapeutic plan, methodology, interventions, ethical dilemmas, therapeutic relationship and parallel processes.

Supervision is a developmental process that offers to the supervisees the "time" and "space" for orientation, feedback, support, exploration, guidance and creativity both in theoretical, methodological and practical level.

This training program **of 245 total hours, is accredited by the E.A.G.T.** and fulfills its criteria. It will be conducted in workshops of a total duration of 195 hours plus 50 hours of hypervision.

- **The program includes:**

- 75 hours of theory and practice of supervision
- 120 hours of practical/simulation training in the supervision of psychotherapists
- 50 hours of hypervision in individual or group setting. **The participants are required to fulfill individual or group hypervision with certified Gestalt hypervisors in order to obtain the certificate of a Gestalt supervisor. Gestalt Foundation will organize hypervision groups and also provide relevant list of hypervisors.**
- Presentation of written comprehensive work and evaluation process

- **Attendance requirements:**

- Gestalt therapists with five years of experience, members of EAGT or / and NOGT
- Gestalt trainers, members of EAGT or / and NOGT
- Therapists from other modalities with five-year experience (diploma, membership of associations, letters of recommendation)
- CV is required

- **1st Training Workshop, in person (35 hours)**

Dates: Wednesday 17/1/2024 - Sunday 21/1/2024, 13:00-13:00

Topic: "Supervision: A Collaborative Endeavor"

Supervision is a process during which supervisor and therapist are collaborating and learning about the client, about the therapy process, and about themselves. This course will present a model of supervision using of multiple lenses, which expand the possibilities for understanding what transpires in both the therapy and the supervisory hour and offers clinical interventions for both.

Included topics: supervision interview and relationship, contract, supervision wheel, issues in supervision, stages of supervision, reflecting teams, and cultural proficiency.

Coordinator: Estrup Liv

Facilitator: Hatzilakou Katia - "GestaltTango process"

Facilitator: Balliou Despina - "Creative process"

Venue: Gestalt Foundations' offices in Athens, 37 Ipirou Str., 173 41, Ag. Dimitrios.

Visit to Acropolis Museum (optional participation)

- **2nd Training Workshop, webinar (14 hours)**

Dates: Saturday 30/03/2024 & Sunday 31/03/2024, 10:00 – 17:00

Topic: "Issues of diagnosis and psychopathology in supervision"

In this two-part seminar we will explore issues regarding the methods of diagnosis and the varieties of psychopathology as they appear in the supervision setting. Diagnostic maps and aesthetic criteria will be (re)visited as navigational aids in exploring the client-therapist-supervisor field. Continuous education and support in the diagnostic process will be discussed as roles of the supervisor.

Coordinator: Konstantinidou Antonia

- **3rd Training Workshop, webinar (14 hours)**

Dates: Saturday 01/06/2024 & Sunday 02/06/2024, 10:00 – 17:00

Topic: "Issues of diagnosis and psychopathology in supervision"

Coordinator: Giaglis Giorgos

- **4th Training Workshop, in person (35 hours)**

Dates: Wednesday 28/8/2024 - Sunday 01/09/2024, 13:00-13:00

Topic: "A unitary perspective on the supervision situation"

In this workshop we explore how supervisor and therapist/supervisee, as interdependent part(icipant)s, co-create the supervision situation (or -field) and how they are influenced by the situation they co-create, at the same time. This implies that supervisor and therapist, while the therapist describes the situation with its client, explore the co-created situation, in which therapist and supervisor are situated. Both the situation of the therapist with its client and the situation of the therapist with the supervisor are subject of exploration and awareness. With this unitary field perspective, we bring our attention to the moments when a parallel process appears. When a repetitive and splitting behavior emerges and the unitary field loses its Wholeness. How, in particular, the process of transference and counter-transference can split the Wholeness when it does not come in to awareness. We supervise from a phenomenological attitude. By approaching the phenomena that occur without immediately wanting to understand and grasp them in any theoretical or classifying construction. To remain curious not only about the interpersonal dynamic, but also for the wider social, cultural and political field from which the phenomena present themselves. How this contributes to the created supervision situation. And how the Wholeness can be restored.

Coordinator: Klaren Guus

Facilitator: Sadmon Rama

Facilitator: Giaglis Giorgos

Venue: Residential in a coastal location, near Thessaloniki, in Chalkidiki.

2nd Training Year – 2025

- **1st Training Workshop, in person (35 hours)**

Dates: Wednesday 22/1/2025 - Sunday 26/1/2025, 13:00-13:00

Topic: "Group Supervision"

Group Supervision is a powerful learning process that through challenges, possibilities and reflections, supervisees gain knowledge and insight on their cases by interacting in a group expanding their clinical experience.

In this workshop, based on Gestalt theory by exploring both the complexities of organizational issues and the emergence of group dynamics, participants will enhance their skills and develop their working professional styles in demonstrating an effective and creative supervision.

Coordinator: Balliou Despina

Topic: "Supervision for Brief Group Gestalt Therapy"

In a constant changing field, in nowadays, short – term group gestalt therapy offers a safe ground for the development of self, personal and social responsibility. In this workshop we will explore the challenges, the possibilities and the appropriate interventions which are emerging in short – term group processes. Additionally, supervision process will focus on therapy plan and methodology, field and phenomenological exploration and paradoxical changing process.

Coordinator: Yiamarelou Yianna

Topic: "Ethical Aspects of Clinical Supervision"

Supervision is the backbone of professional practice through which the integration of theory and practice become "second nature" for the therapist. In Gestalt therapy the supervisory process is unique in that it is defined as a "co-creation", namely – the alliance that is gradually emerging, is the focus of observation. Hence Ethics is one of the significant elements of the relationship, which tends to reflect also on the therapeutic relationship. Ethics is a sensibility that needs to be developed and nurtured. It is partly cultural-based and mainly rooted in basic Humanistic values, which call for continual examination and self-critique. It entails issues of trust, privacy and loyalty as well as honesty and modesty. Since it is such a challenging aspect of the clinical work – Ethics in supervision is forever a hot topic which responsible clinicians need to cultivate.

Coordinator: Levi Nurith

Venue: Gestalt Foundations' offices in Thessaloniki, 109 Mitropoleos Str., 546 22, Thessaloniki.

Visit to Vergina's Archaeological Site (optional participation)

- **2nd Training Workshop, webinar (6 hours)**

Date: Saturday 26/04/2025, 10:00 – 16:00

Topic: "Supervision for professional groups and organizations"

Gestalt shows a particular interest in the field of O.D. (Organizational Development). Therefore, there is an imperative need for skilled and competent supervisors. In this workshop, by giving emphasis in the phenomenological approach, we will focus on: the understanding of the professional and organizational environment and its specific features, the particular needs of professionals / members of organizations as well as their supervisors and the requisite skills for any supervisor supporting individual professionals and professional groups.

Coordinator: Stamatis George

- **3rd Training Workshop, webinar (8 hours)**

Date: Sunday 27/04/2025, 10:00 – 18:00

Topic: "Super – Vision Art"

Supervision process is an artistic co – creation between supervisor, therapist and client. In this workshop we will explore in a creative and artistic way our possibilities in the supervision field.

Coordinator: Hatzilakou Katia

- **4th Training Workshop, webinar (14 hours)**

Dates: Saturday 28/06/2025 & Sunday 29/06/2025, 10:00 – 17:00

Topic: "Supervising a Gestalt child therapist: Transforming the symptom from medical to psychotherapeutic"

In this workshop we will work on some preliminary statements as well as cases which may serve as a point of departure for further considerations of a supervision training program for Gestalt child therapists. The workshop will include basic principles of Gestalt theory and practice serving as a ground for developing common meeting places between a Gestalt child therapist and a supervisor as well as between a Gestalt child therapist and a child/family. Will be discussed questions such as what is the reason to listen to, what are the places and times of a request, what is the history of the trauma, what words and how does the body use them to express a symptom, what toys and objects were used in the session and finally which dialogues started? All participants will learn how to be supervisee following not a strict protocol, the technics and the experiments will be malleable, the framework flexible and their invention will always be active.

Coordinator: Orfanou Antigoni

- **5th Training Workshop, webinar & in person (35 hours)**

Dates: Wednesday 17/09/2025 - Sunday 21/09/2025, 13:00-13:00

- **Webinar Workshop**

Date: Wednesday 17/09/2025, 17:00-21:00

Topic: "Relational gestalt therapy as a restoration of dignity"

In Gestalt therapy we have explored lately different aspects of shame and how to become resilient to it. The right to express, to love and to be loved, to belong and the right to choose are helping the patient to restore dignity in the therapeutic process. We will define how the relationship between patient and therapist, supervisee and supervisor, can be an important tool in the path towards dignity.

Lecturer: Tur Valverde Guy Pierre

- **In person Workshop**

Topic: "Presentation of Written Comprehensive Work and Evaluation Process"

Coordinators: Balliou Despina, Hatzilakou Katia, Yiamarelou Yianna, Diplas George

COORDINATORS :

Balliou Despina, M.Sc. Counseling Psychology, Gestalt Psychotherapist, Trainer & Supervisor, ECP holder (European Certificate of Psychotherapy). Member of EAGT's Training Standards Committee (European Association for Gestalt Therapy). Founding Member of HAGT (Hellenic Association for Gestalt Therapy).

Diplas George, PgD in PCA Counseling, Gestalt therapist, trainer and supervisor, EAGT member (European Association for Gestalt Therapy), ECP holder and member of the Hellenic Association for Gestalt Therapy (HAGT).

Giaglis George, M.D., M. Sc, Ph.D. He holds a degree and a Ph.D. in Medicine, A.U.Th. Specialized in neurology and subspecialized in neuropsychiatry. He holds a degree and a Ph.D. in Psychology, A.U.Th. Four Master's Degrees in Medical Research Technology, in Statistics, in Cognitive Psychology & Neuropsychology and in Adult Education. Gestalt therapist, supervisor and trainer, member of EAGT & HAGT. He has been trained also in Schema Therapy, Compassion Focused Therapy and Emotionally Focused Therapy. He has a private practice, is a guest lecturer in two postgraduate programs, and is a member of various research groups. He is a basic trainer of Gestalt Foundation and a workshop instructor.

Hatzilakou Katia, M.Sc. Clinical & Social Psychology (A.U.Th.). Gestalt Psychotherapist, Trainer & Supervisor, member of EAGT (ex-Chair of NOGT and External Relation of EAGT) and the National Psychotherapy Company of Greece. ECP holder (European Certificate of Psychotherapy). Founding member of the Hellenic Association for Gestalt Therapy (HAGT).

Klaren Guus (the Netherlands), EAGT accredited Gestalt therapist, international Gestalt trainer and -supervisor and Gestalt Practitioner in Organizations. He provides Gestalt supervision to students in Gestalt training, to Gestalt practitioners in private practices and the wider field of social- and mental healthcare. Both individually and group supervision. Guus is past president of the Dutch Flemish Association of Gestalt Therapy and Theory (NVAGT) and past chair of the Human Rights and Social Responsibility Committee of EAGT.

Konstantinidou Antonia, M.Sc. Clinical & Social Psychology (A.U.Th.). Gestalt Psychotherapist, Trainer & Supervisor, member of EAGT and the National Psychotherapy Company of Greece. ECP holder (European Certificate of Psychotherapy). Founding member and ex-President & Representative of the Hellenic Association for Gestalt Therapy (HAGT).

Levi Nurith, Ph. D., Gestalt Psychotherapist, specialized in supervision and family therapy. Professor Emeritus at Tel Aviv and Be'er Sheva Universities, Beit Berl College, Clinical Advisor to the National Council of Child Protection. Chair of Training Standards Committee of EAGT.

Orfanou Antigoni, Educational Psychologist (M. Sc. Professional Training in Educational Psychology), Psychotherapist and Gestalt supervisor, Member of EAGT and Member of the Hellenic Association of Gestalt Therapy (HAGT). She has worked as a scientific associate and researcher in Psychotherapy Centres in Athens, Thessaloniki and Piraeus, as School counselor in Prefectural institutions, as an Educational Psychology lecturer for teachers and school staff, as Psychotherapist in programmes supporting Romani women, autistic children and sexually abused children in UK and Greece. She has followed a training programme in psycho-somatic therapy in Ruella Frank's Center for Somatic Studies, and is currently monitoring and supervising families with babies up to 1,5 years old of age. She is based in Alimos, Athens since 1996.

Sadmon Rama, MSc Social & Clinical Psychology, Gestalt Psychotherapist & Supervisor. She works with adults both individually and in groups. She collaborates with Gestalt Foundation,

Psychotherapy & Training Center, as a supervisor both for individuals and for groups (W.M.C.A.). Member of EAGT (European Association for Gestalt Therapy) and founding member of the Hellenic Association for Gestalt Therapy (HAGT).

Stamatis George, O.D. Consultant, Gestalt Practitioner in Organizations (GPO), trainer and supervisor. He has studied Law (B.A.), Marketing (H.S.D.) and Adult Education (M.Ed.). He graduated the Gestalt in Organizations 4-years Advanced Level Program of the Gestalt Foundation, Greece. He worked from high level managerial positions in Greek and multinational corporations in the fields of Marketing, Sales and Communication. He organized and taught at many training seminars in several European countries. He has been a lecturer at the Athens University of Business and Economics, as well in M.B.A. classes at the University of N. York in Prague and the University of N. York in Tirana. He works as Gestalt in Organizations coach, trainer and supervisor and he is the coordinator of the Gestalt Coaching in Business & Organizations Cycle of workshops of Gestalt Foundation, Greece. He authored 18 books, including "the Art of Change. Gestalt: a different approach for Organizations" with co-authors F. Meulmeester and I. Rizou.

Tur Valverde Guy Pierre, Painter and Gestalt therapist working in Mexico City. Trainer at the Instituto Humanista de Psicoterapia Gestalt Mexico City since 1996. He is also invited as a trainer in several Gestalt Institute of the world like Europe and South America. He actualizes himself yearly at the Pacific Gestalt Institute of Los Angeles since 2012. He is also specialized in working in a relational perspective of Gestalt Therapy and the field of aesthetics as a therapeutic tool. Founder of COCREARTE MEXICO, a space for development of creativity (in 2010). As a painter he started to exhibit in 1975 in France and had several collective and individual exhibitions in Europe, United States and Latin America.

Yiamarelou Yianna, M.A. in Clinical Psychology, Gestalt Psychotherapist, Trainer & Supervisor, ECP holder (European Certificate of Psychotherapy). Member of EAGT (European Association for Gestalt Therapy). Founding member of HAGT (Hellenic Association for Gestalt Therapy).

USEFUL INFORMATIONS:

- ✓ **Language: English**
- ✓ Since the coordinators are distinguished Gestalt psychotherapists, invited from various countries, **the registration should be finalized by 10/12/2023.**

PARTICIPATION / CANCELLATION POLICY - IMPORTANT NOTES:

- ✓ Registration commits the participant to mandatory attend all the workshops, any absences do not affect the cost of participation.
- ✓ The number of participants is limited, so priority will be strictly followed. In order to secure your registration, it is necessary to proceed with the advance payment, which is non-refundable.
- ✓ in case of cancellation for any reason by the Gestalt Foundation, all amounts paid are refunded.

PARTICIPATION FEE: 3.300€

Payment terms:

- **advance payment*: 500€, until 31/12/2023**
- **1st payment installment: 700€, until 31/03/2024**
- **2nd payment installment: 700€, until 30/06/2024**
- **3rd payment installment: 700€, until 31/12/2024**
- **4th payment installment: 700€, until 30/06/2025**
- **Participation fee does not include accommodation & food expenses**

REGISTRATION: athina@gestaltfoundation.gr

For any further information, please contact:

Gestalt Foundation-Athens

Monday- Friday 10:00-18:00

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